



State of Arizona  
Douglas A. Ducey  
Governor

## Arizona State Board of Massage Therapy

"Protecting the Public's Health"

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Victoria Bowmann, LMT; Earl Duskey, LMT; John Ortega, Public Member;  
Diane Pruetz, Public Member; Kathleen Phillips, Executive Director

### *Minutes*

Continuing Education Committee Meeting  
May 13, 2016

**This agenda may be amended 24 hours prior to the scheduled meeting.**

Pursuant to A.R.S. § 38-401.02 notice is given to the members of the Arizona State Board of Massage (Board), Continuing Education Committee (Committee), and to the general public that the Committee will hold a meeting open to the public, as indicated on the following agenda. Pursuant to A.R.S. § 38-431.03 (A) (3), the Board may vote to hold an executive session for legal advice for any matter on the agenda. The executive session will not be open to the public. The Board Chair reserves the right to change the order of the items on the agenda.

In accordance with Title II of the Americans with Disabilities Act (ADA), the Arizona Massage Therapy Board does not discriminate on the basis of disability in admission to its public meetings. If any disabled person needs any type of accommodation, please notify the Board's Licensing Administrator, Ellen Boyd, to make the person's needs known, at (602) 542-8604.

Arizona Board of Massage Therapy  
1400 West Washington St., Room B1  
Phoenix, AZ 85007  
Friday, May 13, 2016  
At 10:00 a.m.

### **The Committee may take action on any item on this agenda.**

#### **1. Call to Order by Presiding Officer**

The meeting was called to order at 10:06 a.m.

#### **2. Roll Call of Committee Members to Establish a Quorum to Conduct the Meeting.**

Earl Duskey, LMT, and Kathleen Phillips, ED were present.  
Victoria Bowmann was absent.

Breaks 10:50 a.m. – 11:05 a.m.  
11:35 a.m. – 11:38 a.m.

#### **3. Approval of Minutes**

**MOTION:** Ms. Phillips moved to approve the minutes of 4/8/16.  
Mr. Duskey seconded the motion.

**VOTE:** Ayes 2  
Nays 0

**4. Discussion, Consideration, and Possible Action Regarding Standards for Approval of Continuing Education Related to Massage Therapy**

Review of continuing to be recommended to the Board

The following CE's are recommended to the Board for acceptance:

Active Isolated Stretching	Myofascial Release
Acupressure	Neuromuscular Therapy
Amma/Anma	Orthobionomy
Aromatherapy	Positional Release
Aston-Patterning	Polarity – if massage or bodywork is in the title
Ashiatsu	Postural Integration
Ayurvedic Bodywork- if massage is in the title	Proprioceptive Neuromuscular Facilitation
Bowen	Raindrop Therapy
Breema Breathwork	Rosen Method
Chi Nei Tsang	Russian Massage
Connective Tissue	Seated Massage
CranioSacral Therapy	Shiatsu
Deep Tissue	Soft Tissue Release
Esalen Massage	Spa Body Treatments
Feldenkrais Method	Sports Massage
Hakomi	Structural Integration
Hellerwork	Swedish Massage
Hot Stone Massage	Thai Massage
Hydrotherapy	Trager Approach
Lomi Lomi	Trigger Point Therapy
Manual Lymphatic Drainage	Tui Na
Movement Therapy	Watsu
Muscle Energy Technique	

The following CE's are still under discussion by the committee:

Healing Touch  
Pranic Healing  
Reflexology  
Reiki  
Rubenfeld Synergy Method  
Therapeutic Touch

**5. Discussion, Consideration, and Possible Action Regarding Using Another Profession's Program for Massage Therapy application for a license**

Ms. Phillips presented transcripts from a physical therapy program for discussion to be able to accept it for a massage therapy license. The committee discussed and no decision was made.

**6. Call to the public**

Those wishing to address the Committee do not need to request permission in advance; however, the Committee may limit those persons speaking during this time to a reasonable number on any public comment matter. In addition, each person wishing to address the Committee will be given

five (5) minutes to do so. Pursuant to A.R.S. §38-431.02 (H), the Committee can only take action on matters listed on the agenda. Action on public comment matters that are not listed on the agenda will be limited to directing staff to study the matter or to schedule the matter for discussion at a later date.

Three massage therapists were present to discuss concerns about CE acceptance.

**ADJOURNMENT 12:52 pm**

**Next Committee Meeting Date: ?**